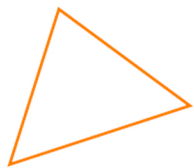




Infinite Possibilities: The Art of Living Your Dreams

What to Do (Focus On) vs. What NEVER to Do (Focus On)... to UNLEASH LIFE'S MAGIC

1. Name 3 HIGH PRIORITY areas of your life you'd like to transform (these are your dreams).



Avoid the "Bermuda Triangle of Manifesting" by keeping your wishes for transformation at the highest level possible, excluding details, pathways, whos, hows, and whens.



1)	2)	3)
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2. Now list exciting, juicy DETAILS that will likely come into your life once these dreams come true.

Remember, all details are unimportant. Details, hows, and cool people will automatically be part of your happiness-story one day. Leave freedom and latitude to The Universe to find the best ones at the right times. Yet, stoke the flames of your passions by writing down some possibilities, here and now.

1)	1)	1)
2)	2)	2)
3)	3)	3)
4)	4)	4)
5)	5)	5)
6)	6)	6)
7)	7)	7)
8)	8)	8)
9)	9)	9)

Visualize the details, attach only to the DREAM!



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Ways to Get Started Immediately Even When Feeling Doubt and Uncertainty

Getting physical and taking action is often the most spiritual thing you can do. In addition to making yourself reachable to life's magic, for every baby step you take you are declaring to yourself and the world: *I Can Do This! I Will Do This! I Am Doing This!* Plus, when you take one step, it's as if the Universe takes 10,000. The more you do, the more the Universe can do for you.

Learning about life's magic is never a cause to stop taking action; it means the opposite. It means that for the rest of your life you will take *full responsibility* for yourself and your dreams, and this means you will never stop taking action, thinking, brainstorming new ideas, and moving forward.

What is the most important thing you want to change in your life, and what can you begin doing about it, starting NOW? When you finish filling in your action steps below, try this with a second life change, and a third, and so on:

Step 1 - Name an area of your life where you are calling in transformation...

Desired Transformation: _____

Step 2 - What can you begin doing to spark your transformation now? In most cases, doing something is better than doing nothing. Even when the thing you do seems insignificant, or, isn't exactly "living your dreams." By taking these steps you will unleash forces unimaginable, the stage will gradually shift, and the day will come when you are living the life of your dreams.

1)	7)
2)	8)
3)	9)
4)	10)
5)	11)
6)	12)

*The only place the ship of your dreams will never find you...
is at home, waiting for it.*



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How to Light up the World While Following Your Own Path

Only by pursuing *your* dreams can you give the world all that you have to give. Other people always benefit from the individual who insists on marching to the beat of his or her own drummer. Could Thomas Edison have tended to the downtrodden as Mother Theresa did? Could Albert Einstein have preached reconciliation as Martin Luther King, Jr. did? Could Abraham Lincoln have built cars like Henry Ford? Each of these heroes was *divinely selfish*, doing what *they* most wanted to do, *selfish service*... and then the masses benefited.

Who else, besides yourself, will benefit from your dreams coming true?

Name 3 areas of your life you will transform that promise <i>you</i> more happiness, fun, and fulfillment in the short and long term.	Who else, besides yourself, will benefit when these dreams come true?

*Selfish Service automatically means you will honor all people,
especially those you love!*



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How to Install Empowering Beliefs That Will Eliminate Invisible, Limiting Ones

Step 1 - Create a list of empowering beliefs in the named area of your life that you want to transform. They don't need to be beliefs you now possess; they just need to be beliefs you want to possess going forward.

Desired Transformation: _____

Empowering Beliefs:	
1)	11)
2)	12)
3)	13)
4)	14)
5)	15)
6)	16)
7)	17)
8)	18)
9)	19)
10)	20)

Step 2 - Claim these beliefs through your thoughts and words. After you know what you want to believe, then start thinking and speaking as if you already believed it. Create affirmations to repeat to yourself that claim these beliefs as your own. Thinking and speaking in new ways begins the process of installing new, empowering beliefs and begins to eliminate old, limiting ones. Also study your list(s) from time to time and feel the *absolute validity* of each belief you want to embrace as you read it.

Step 3 - Go out into the world and live your new beliefs. This is the most important step. Every day, in addition to thinking about and speaking these beliefs, act as if they are yours *by behaving in ways that reinforce them*. This is how you will gradually install your new beliefs. Consider your behavior and choose to act in ways that mirror what you want to believe is your new truth in all the decisions you make.

Use a fresh worksheet for each *Desired Transformation*.