

### Mike Dooley's 128th Mini-Manifesting Workshop February 22, 2022



# 7 Steps to MANIFEST ANYTHING



## **During Challenging Times**

Think of the distance you've already covered. Focus on your strengths. Remember your goal. Let each new step remind you of your freedom. Let every new breath remind you of your power. And before you know it, you will wonder to yourself, "What beast? What mountain? Was I having a dream?" The Universe



#### Know This 😊



You must only live one day at a time for eternity to grant you safe harbor.

- 1. Know your desired end result (aka outcome), and then add "or better!"
- 2. Visualize the details of your completed manifestation surrounded in gold light.
- 3. Do not (even) think about HOW you will succeed.
- 4. Start, now, and never stop; doing anything is better than doing nothing.
- 5. Go lightly: Practice the Art of Choiceless Decision Making.
- 6. See yourself as a lightworker and see this dream as one for humanity.
- 7. Celebrate often: Every WIN is a BIG WIN in manifesting.



1. Name a BIG dream (and add "or better!"):

#### Let's Go! 🦾



Based on the lessons reviewed, use the following lines to stir up some magic:

2. Name some of the key people/groups your "dream come true" will benefit:

3. What are the 3 favorite parts of your soon-to-be success story:



#### Affirmation

