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Rocking Life’s 5 Truths of Being

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1. We are all One (of One, of God, divine, interconnected).

2. Thoughts become things (we are Creators).

3. Life is eternal (consciousness, God, energy; we ourselves).

4. There is only Love (there is only God).

5. It’s all good (everything is exactly as it “should” be).

This list is not meant to be all-inclusive, as each of these truths could have a number of spin-offs, such as those offered in the parentheses, but the list is sufficient to obtain a solid grasp on the nature of our reality and to begin applying our power to fantastic effect. I’d also like to point out that of these truths, only one has a moving part, a variable: Thoughts become things... and look who’s thinking now.

“These truths are absolute; they are for us like water is to a fish: indisputable givens. They are immovable. They exist even in the absence of belief in them, creating the stage we live our lives upon. Of course, it could be said that these are merely my beliefs, and frankly, I have very little concrete evidence to convince you that they are true, especially since they’re not physically measurable. But must something be physically measurable to know with certainty of its existence? Is not being able to physically prove you dreamed of a red Corvette last night proof that you didn’t? Is it unreasonable to ask that we look at our own lives for evidence of these truths? Is it not evident that my postulated absolutes are each empowering; that I do not have an “agenda” other than to free you from self-imposed limitations; that, unlike many religious doctrines, I exclude no one, under any circumstances, from the beauty of these truths? Do they not resonate deep within you? Have they not been uttered and shared by countless others throughout the ages, using words and metaphors that fit the times?” ©Mike Dooley

Excerpt from Infinite Possibilities: The Art of Living Your Dreams