Mini-Manifesting Workshop, February 4, 2020

Spontaneous Knowing

Mike Dooley

WHAT?

Moving between moments, from uncertainty into certainty, fear into confidence, and unknowing into knowing. Born of a desire to know and a simple, even doubtful, expectation that you can and will.

Recommended reading, *Johnathon Livingston Seagull*, by Richard Bach.

Spontaneous Knowing is a prelude to Spontaneous Enlightenment - permanent waking ecstasy.

HOW?

We are One. Tuned-in to everywhere, always, at once. It's in our nature.

Two ways to hasten this natural process:

1. Contemplative thought.
   a. Desire to know something.
   b. Wonder! Connect dots… think about it, speculate, judge, estimate, reason, compare ideas, etc.
   c. Optional - Create the space for receiving the knowledge.
2. Meditation – Classic, wordless thought (only b differs).
   a. Desire to know something.
   b. Calm, quiet, wordless peace.
   c. Optional - Create the space for receiving the knowledge.

WHY?

The upside is out of this world:

1. Truth! God revealed. No more confusion, distractions, upsets, regrets, dissipation of power, etc.
2. Waking ecstasy, now! Mystical moments! Bliss! True enlightenment!

Challenge:

Using contemplative thought – a mix of intention and wonder:

1.Ask questions, in thought or on paper:

Personal

1. Why do I feel resistance over XYZ?
2. How else might I see my relationship with Mary? Bob? Money? Relationships?
3. What is the ideal path toward _____for my own and everyone's greatest good?
4. What am I "supposed" to learn concerning XYZ? If anything?
5. Why do I feel powerless when I am powerful?

Life-wise

1. Why do bad things happen to good people?
2. How might I learn to experience faster enlightenment?
3. What are the actual logistics of being a streaming manifestor?
4. How can I take control of a daytime dream, as if it were a nighttime dream!?
5. What will change in my life with enlightenment? What can I look forward to?

2. WONDER!!!

© Mike Dooley, www.tut.com