The Power of Being Authentic

Mike Dooley

The Ideal; the Promise

- You find less resistance; little upsets you.
- Life gets easier; you're aligned with the entire Universe and truth.
- You automatically begin attracting all good and necessary things.
- You see things more clearly and with greater confidence.
- Your life automatically becomes a life of divinely selfish service.
- You discover your true purpose... to be YOU; who God most wanted to be.

7 Steps to Unleashing Your Authentic Self

1. Be led by joy (or your closest approximation of it).
2. Follow your heart, blended with logic. Be the judge of what's right for you. Honor your preferences.
3. Speak your mind.
4. Treasure your hardest life lessons. There were no accidents and there should not be any shame.
5. Face your present fears, drill down, self-reflect, go within.
6. Give thanks that your life is now exactly as it is.
7. Get out more! Dance life's dance!