

Imagine You're at The Beach...

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Imagine you're at the beach. You're sitting on a veranda attached to a magnificent beach house and right now you can hear the surf crashing ... You can smell the salt in the air ... and you can hear the occasional seagull calling out to others ... The sun is setting, and you've got a huge smile on your face. Go ahead and smile.

You're beaming with joy because the house behind you is filled with all of the people you love the most. You're feeling so much joy that a tear trickles down your face as you relish why these dear friends have gathered. Each is there because they love you ... as much as you love them. And they're there to help you celebrate all of the fantastic changes that have been sweeping through your life. Changes that have shocked and amazed you, as much as them, with their speed and harmony.

Deeply grateful, you make a promise to yourself while still sitting on the veranda that never again, for the rest of your life, will you ever let yourself forget how swiftly things can change for the better! Right now, it's as if, in your life, every cup is overflowing: there's abundance, you love your life, you love your work, you're creatively fulfilled. You've never had so many friends, and you've never laughed so hard. Virtually everything you've ever wished for has come to pass ... With one tiny exception—there's one cup not yet overflowing.

The one thing now missing in your life has given birth to a brand-new desire. You now wish with every fiber of your body to impart the joy you're feeling—the fulfillment and the love—to all those you so love. And not stopping there, you wish you could give these feelings to everyone in the world. Everyone on planet Earth should feel as good as you now feel, should be as loved as you are now loved, should have as much going on in their life and as many dreams coming true as you now have in your life. But you can't. You feel limited. Briefly disappointed to the point of losing your smile ... until suddenly, as if struck by lightning, spontaneous illumination arrives and you remember that it was not that long ago when you were bobbing high and low in the troughs of life. When you were frustrated, when you were spinning your wheels. Yet, it's now obvious to you that your place on the veranda, right here and now, with this joy you've been feeling was always ... inevitable.

And suddenly, there's another flash of insight! Now you realize that you needed to go through all you went through, everything in your life, to be at this magnificent place of realization and deep understanding. And you see that just as it was ultimately inevitable for you to get to this point, so is this true for all of those you love and for everyone now on Earth. This realization overwhelms you with its sublime implications, and another tear rolls down your cheek.

You're overcome with a joy you have never felt before. You are overcome with acceptance and love for all that is, exactly as it is now. Blissfully content, and feeling that your life could

not possibly get any better than this ... suddenly, again, you experience one more gigantic flash of illumination that nearly knocks you out of your chair ...

As good as life now is, as joyful as you now feel, it has suddenly dawned on you that forever and ever and evermore, things will only get better ...

Whoo-hoo, you have arrived! The promise has been delivered, your birthright accepted, and thy personalized kingdom has come!

